

## FRIED CORN MUSH

### Ingredients

- \* Oil
- \* Salt
- \* Water
- \* Corn meal

### Directions

Boil cornmeal and make a thick mush, like oatmeal. Season with a little salt. It may be eaten this way or let it cool over night.

Next day, slice the mush into pieces and fry in oil in a pan.

Note: For variety, add berries, nuts or bits of meat or anything else you like to the mush before it cools.