

WILD RICE & CRANBERRIES

Ingredients

- * Turkey broth
- * Sage
- * New cattail buds or roots (water chestnuts may be used)
- * Salt & pepper to taste
- * Wild rice
- * Cranberries

Directions

Cover wild rice in turkey broth. Bring to a Boil and simmer until broth is absorbed

When it is almost done, add the sliced cattail buds and a handful of fresh cranberries. (no sugar!) Add what herbs you like, a little sage perhaps, etc.